

Botox® & Dysport® Post Care Instructions

- Although it is not required for your Botox® or Dysport® to work, you can try to exercise the muscles of the treated areas to assist the solution into the muscles.
- Avoid lying down for the first few hours after treatment.
- Avoid strenuous activity for the first 4-6 hours after treatment.
- Rarely, neurotoxins can cause swelling. Feel free to apply ice or a cold pack if needed.
- You can apply makeup immediately.
- Do not massage the treated areas as this can cause migration of the solution into muscles we are not targeting.
- Rarely, neurotoxins can cause a headache. Feel free to take Tylenol if needed.
- Always wear your sunscreen!
- Wait a minimum of 24 hours before receiving further skin care, such as peels, lasers, or skin care treatments.

Although some patients experience the effects of treatment in 48-72 hours, most patients do not notice full treatment effects for 7-14 days following treatment. Should you feel you need more units, or an adjustment to your recent treatment, we encourage you to wait 3-4 weeks before returning.

If you have any concerns or questions, please feel free to contact us at 512-815-0123.