

diVa™ Vaginal Rejuvenation Laser Post Care Instructions

diVa™ specifically targets vaginal tissue to increase collagen development and improve the tone and function of the vaginal canal. The outcomes are based on the aggressiveness of the treatment, taking into account your concerns, the health of your tissue, and your individual healing ability. Due to this, patient response can vary after treatment.

- Spotting may occur. This can last for a few hours or up to 12 hours depending on treatment depth. Immediately after treatment, you will be given a pad to wear.
- Pinkish-colored discharge may occur. This can last from a few hours to up to 72 hours.
- The treated area may be warm for 12-24 hours after the procedure.
- Immediately after treatment, swelling is common and expected.
- If an antiviral was prescribed for you, continue to take it as directed.
- You may return to your normal daily routine.
- You should refrain from sexual intercourse, vaginal penetration, douching or use of tampons for up to 48 hours or until spotting or discharge has stopped.
- Some patients experience mild cramping up to 24-48 hours. Post treatment discomfort may be relieved by over-the-counter pain relievers such as Tylenol.
- Some patients experience sunburn or a chaffed sensation for a few days. A thin layer of Aquafor can alleviate this sensation.
- Itching may be experienced and is completely normal. Do not scratch the area.
- Gentle use of bath tissue is recommended to reduce any sensitivity to the area.

There may be a slight degree of swelling immediately post treatment. However, if you have excessive swelling or any of the following signs of infection, you should contact the office immediately at 512-815-0123. Signs of infection include:

- drainage
- increased warmth at or around the treated area
- fever of 101.5 or greater
- extreme itching