

ForeverClear BBL™ Post Care Instructions

Patient response can vary after a Broad Band Light (BBL) 420 nm acne treatment. Redness is usually noted within a few minutes after the completion of the procedure. A slight burning sensation in and around the area treated is also normal and expected. These reactions tend to subside within 1-4 hours after the treatment.

The treated area must be treated with care. BE GENTLE! Do not scratch or pick at your skin.

- Until sensitivity has subsided, avoid the following:
 - Use of scented lotions or soaps, exfoliant creams, acne creams, loofa sponges, and aggressive scrubbing
 - Extremely hot or cold water
 - Shaving
 - Swimming pools and spas with chemicals/chlorine
 - Activities that cause excessive sweating
- A cold compress or ice pack can be used to provide comfort if the treated area is especially warm, but this is rarely needed.
- Makeup can be applied immediately after treatment.
- Vitamin E or Aloe Vera can be applied to the area to provide a soothing effect.
- If the skin blisters, apply antibiotic ointment and contact the office immediately at 512-815-0123.
- Avoid sun exposure to the treated area for a minimum of 7-14 days after the procedure. The treated area will be more prone to sunburn and pigment change. Use a broad spectrum sunscreen of at least SPF 30.
- It is not unusual to need multiple treatments. The number and frequency of treatments required will depend on the severity of your acne and how well it responds to treatment.
- Clinical studies suggest that at least two treatments are needed to see results, and results have been reported to last up to 6 months.