

Laser Hair Removal Post Care Instructions

Patient response can vary after a hair reduction treatment. Redness and swelling around the hair follicles in the treated area is normal and will typically resolve with 24-48 hours. A sunburn sensation in the treated area is also normal and expected.

The treated area must be treated with care. BE GENTLE! Do not scratch or pick at your skin.

- Until sensitivity has subsided, avoid the following:
 - Use of scented lotions or soaps, exfoliant creams, acne creams, loofa sponges, and aggressive scrubbing
 - Extremely hot or cold water
 - Shaving
 - Swimming pools and spas with chemicals/chlorine
 - Activities that cause excessive sweating
- A cold compress or ice pack can be used to provide comfort if the treated area is especially warm, but this is rarely needed.
- Vitamin E or Aloe Vera can be applied to the area to provide a soothing effect.
- If the skin blisters, apply antibiotic ointment and contact the office immediately at 512-815-0123.
- In rare cases, hives have been reported. If you experience an irritated raised rash after treatment, contact the office immediately at 512-815-0123.
- Do not use any other hair removal methods on the treated area other than shaving or trimming.
- Avoid sun exposure to the treated area for a minimum of 7-14 days after the procedure. The treated area will be more prone to sunburn and pigment change. Use a broad-spectrum sunscreen of at least SPF 30.
- It is not unusual to need multiple treatments. Subsequent treatments are typically 4-8 weeks apart. The number of treatments you need will depend on the body location, the amount of hair present, the character of your hair, and your skin type.
- Hair may take up to 4 weeks to fall out following treatment. Do not be alarmed if hair appears to be “growing” during this time.