

Sculptra® Post Care Instructions

Sculptra® is made of poly-L-lactic acid and is classified as a collagen stimulator. It works with your body to stimulate collagen in the deeper dermis to restore structure and volume. The amount of collagen you create in response to Sculptra® injections is determined by your age and health, so the number of treatments needed per patient may vary.

Tips to aid you after you have received treatment:

- Massage the treated areas for 5 minutes, 5 times each day, for 5 days.
- Ice packs may be used to reduce swelling.
- Feel free to wear makeup following treatment.
- Treated areas may be red, swollen, and bruised for the first 2-7 days.
- Avoid strenuous workouts and alcohol for 24 hours, if possible.
- If bruising occurs, Arnica supplements may help to resolve it faster.
- Within 1-2 days of treatment, you will look as you did before treatment. This is normal, and over 4-6 weeks you will notice improvement as Sculptra® replaces the lost collagen.
- Follow-up treatments can be scheduled as soon as 4 weeks.
- If there is a large volume of collagen loss, visible results may not be seen until 3 sessions have been completed.
- Results can last more than two years.

There may be some degree of swelling immediately post treatment. However, if you have excessive swelling or any of the following signs of infection, you should contact the office immediately at 512-815-0123. Signs of infection include:

- drainage
- increased warmth at or around the treated area
- fever of 101.5 or greater