

# NIPPLE RECONSTRUCTION

## Post-Surgical Guide



### INCISIONS

- Your incisions are closed in multiple layers with absorbable sutures.
- The surface is sealed with a medical glue.
- You may experience irritation due to the sutures. Any sutures still visible can be removed after 2 weeks.
- Avoid compression of nipples for 1-2 weeks.

### EMERGENCIES

\*\* After hours, call Medlink Paging Service at (512) 323-5465

- Any signs of infection, call Doctor IMMEDIATELY
  - Temperature greater than 101.00 degrees
  - Significant swelling
  - Tender, red, swollen, warm areas, pus, yellow or green drainage
  - Swollen/painful or darkened/blackened skin
- ABSOLUTELY NO ICE or HEATING pads to incisions/breasts

### SHOWER

- After 24-48 hours, shower daily with mild soap like Dove.
- Use a very soft washcloth, do not rub the area, pat area dry.

### OTHER PROCEDURES

- If you had any other procedures performed, follow all discharge instructions provided for that procedure.